

## VETERAN MENS CLUB RECORDS

| Events     | Time Distance | Name                |     | Fixture                | Venue       | Date              |
|------------|---------------|---------------------|-----|------------------------|-------------|-------------------|
| 100m       | 12.00         | Tony Palman-Brown   | M40 | Southern Mens League   | Salisbury   | 05 August 2006    |
| 100m       | 12.50         | Dominic Swords      | M50 | Vets League - West Div | Tilsley     | 19 June 2006      |
| 100m       | 12.50         | Chris Padmore       | M50 | Vets Match - Final     | Battersea   | 03 September 2006 |
| 100m       | 15.20         | Bruce Charles       | M60 | Vets Match - Final     | Battersea   | 03 September 2006 |
| 200m       | 25.30         | Gareth Davies       | M35 | Vets League - Final    | Ashford     | 19 August 2007    |
| 200m       | 25.10         | Carl Pinder         | M40 | County Champs          | Tilsley     | 2002              |
| 200m       | 25.69         | Christopher Padmore | M50 | British Masters        | Lee Valley  | 04 March 2007     |
| 200m       | 25.70         | Dominic Swords      | M50 | Vets Match - Final     | Battersea   | 03 September 2006 |
| 200m       | 31.70         | Bruce Charles       | M60 | Vets League - West Div | Bracknell   | 03 July 2006      |
| 400m       | 54.30         | Dominic Swords      | M40 | VETS west division     | Abingdon    | 20 June 2005      |
| 400m       | 54.86         | Dominic Swords      | M50 | Watford open           | Watford     | 12 July 2006      |
| 400m       | 72.10         | Bruce Charles       | M60 | Vets Match - Final     | Battersea   | 03 September 2006 |
| 800m       | 2;09.9        | Roger Bradley       | M35 | Vets League - West Div | Bracknell   | 03 July 2006      |
| 800m       | 2;02.23       | Dominic Swords      | M40 | BMAF                   | Birmingham  | 11 July 2005      |
| 800m       | 2;02.36       | Dominic Swords      | M50 | GB vets                | France      | 25 June 2006      |
| 800m       | 2;27.5        | Gareth Jones        | M60 | Vets League - West Div | Bracknell   | 03 July 2006      |
| 1500m      | 4;16.2        | Steve Overton       | M35 | Vets League - Final    | Ashford     | 19 August 2007    |
| 1500m      | 4;17.0        | Steve Overton       | M40 | Vets League - West Div | Tilsley     | 08 May 2006       |
| 1500m      | 4;28.08       | Dominic Swords      | M50 | Watford Open           | Watford     | 20 April 2006     |
| 1500m      | 4;59.74       | Gareth Jones        | M60 | British masters champs | Birmingham  | 09 July 2006      |
| 3000m      | 9;09.3        | Steve Male          | M35 | Vets League - West Div | Tilsley     | 16 July 2007      |
| 3000m      | 9;24.1        | Brian Green         | M40 | VETS final             | Battersea   | 11 September 2005 |
| 3000m      | 9;52.6        | Richard Grant       | M50 | County Champs          | Horspath    | 14 May 2006       |
| 3000m      | 10;22.3       | Gareth Jones        | M60 | Vets League - West Div | Bracknell   | 03 July 2006      |
| 5000m      | 15;43.4       | Steve Male          | M40 | VETS west division     | Abingdon    | 20 June 2005      |
| 5000m      | 16;17.9       | Brian Green         | M50 | British Masters Champs | Birmingham  | 28 July 2007      |
| 5000m      | 17;43.9       | Gareth Jones        | M60 | British masters champs | Birmingham  | 09 July 2006      |
| 10000m     | 35;54.2       | John Exley          | M50 | British masters champs | Birmingham  | 09 July 2006      |
| 10000m     | 37;20.93      | Gareth Jones        | M60 | British masters champs | Birmingham  | 09 July 2006      |
| 2000m walk | 9;31.2        | Graham Chapman      | M40 | Vets Match - Final     | Battersea   | 03 September 2006 |
| 2000m walk | 9;55.2        | Graham Chapman      | M50 | Vets League - Final    | Ashford     | 19 August 2007    |
| 3000m S/C  | 11;40.8       | Trevor Dixon        | M35 | Vets League - West Div | Tilsley     | 14 April 2007     |
| 3000m S/C  | 11;46.5       | Trevor Dixon        | M40 | VETS west division     | Abingdon    | 09 May 2005       |
| 3000m S/C  | 12;04.2       | John Exley          | M50 | VETS west division     | Abingdon    | 09 May 2005       |
| 100mH      | 22.20         | Bruce Charles       | M60 | British masters champs | Birmingham  | 09 July 2006      |
| 110mH      | 20.60         | Tony Palman-Brown   | M40 | southern league        | Salisbury   | 25 June 2005      |
| 300mH      | 57.94         | Bruce Charles       | M60 | British masters champs | Birmingham  | 09 July 2006      |
| 400mH      | 66.20         | Gareth Davies       | M35 | Southern Mens League   | Basingstoke | 02 June 2007      |

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|-----------------|---------------|---|-----|------------------------|-------------|-------------------|
| 4 x 100m        | 48.60         | ,Tim Osman,Dominic Swords, Charlie Sutton, Tony P-B         |     | VETS west division     | Abingdon    | 09 May 2005       |
| 4 x 200m Relay  | 1;46.0        | ,Charlie Sutton, Tony Palman-Brown, Tim Osman, Richard Hart |     | Vets League - West Div | Bracknell   | 03 July 2006      |
| 4 x 400m Relay  | 3;52.8        | Unknown   |     | Vets Match - Final     | Battersea   | 03 September 2006 |
| 4 x 400m Relay  | 3;45.0        | Tim Osman, Gareth Davies, Roger Bradley, Steve Overton      |     | Vets Match - Final     | Ashford     | 19 August 2007    |
| Medley Relay    | 4;08.9        | Charlie Sutton,Tim Osman, Steve Overton, Steve Male         |     | Vets League - West Div | Bracknell   | 18 June 2007      |
| Long Jump       | 6.35          | Gareth Davies   | M35 | Southern Mens League   | Portsmouth  | 14 July 2007      |
| Long Jump       | 4.76          | Tony Palman-Brown   | M40 | VETS west division     | Abingdon    | 20 June 2005      |
| Long Jump       | 4.79          | Christopher Padmore   | M50 | Vets League - Final    | Ashford     | 19 August 2007    |
| Long Jump       | 3.78          | Bruce Charles   | M60 | Vets League - West Div | Tilsley     | 08 May 2006       |
| High Jump       | 1.50          | Tony Palman-Brown   | M40 | Vets Match - Final     | Battersea   | 03 September 2006 |
| High Jump       | 1.30          | Bruce Hendrie   | M50 | VETS west division     | Abingdon    | 20 June 2005      |
| High Jump       | 1.15          | Bruce Charles   | M60 | VETS final             | Battersea   | 11 September 2005 |
| Triple Jump     | 13.09         | Gareth Davies   | M35 | Southern Mens League   | Basingstoke | 02 June 2007      |
| Triple Jump     | 9.75          | Tim Osman   | M40 | Vets Match - Final     | Battersea   | 03 September 2006 |
| Triple Jump     | 9.07          | Bruce Hendrie   | M50 | VETS west division     | Bracknell   | 11 July 2005      |
| Pole vault      | 2.60          | Tony Palman-Brown   | M40 | southern league        | Salisbury   | 30 July 2005      |
| Pole Vault      | 2.80          | Bruce Hendrie   | M50 | British Masters Champs | Birmingham  | 28 July 2007      |
| Pole Vault      | 1.80          | Bruce Charles   | M60 | Vets League - West Div | Oxford      | 21 May 2007       |
| Shot (4Kg)      | 9.99          | Barrie Strange  | M70 | open                   | Abingdon    | 27 March 2005     |
| Shot (5Kg)      | 10.53         | Dave Kuester  | M60 | Vets League - West Div | Tilsley     | 19 June 2006      |
| Shot (5Kg)      | 7.63          | Pete O'Keefe  | M50 | County Champs          | Oxford      | 12 May 2007       |
| Shot (7.26Kg)   | 8.90          | Charlie Sutton  | M40 | Vets League - West Div | Tilsley     | 08 May 2006       |
| Discus (1Kg)    | 30.19         | Barrie Strange  | M70 | open                   | Banbury     | 17 April 2005     |
| Discus (1Kg)    | 33.65         | Dave Kuester  | M60 | British Masters Champs | Birmingham  | 28 July 2007      |
| Discus (1.5Kg)  | 29.00         | Malcolm Taylor  | M50 | county champs          | Abingdon    | 14 May 2005       |
| Discus (2Kg)    | 25.70         | Pete O'Keefe  | M50 | VETS west division     | Oxford      | 21 May 2007       |
| Discus (2Kg)    | 28.99         | Richard Hart  | M40 | Southern Mens League   | Portsmouth  | 14 July 2007      |
| Javelin (600g)  | 36.91         | Dave Kuester  | M60 | British Masters Champs | Birmingham  | 28 July 2007      |
| Javelin (700g)  | 29.17         | Malcolm Taylor  | M50 | county champs          | Abingdon    | 14 May 2005       |
| Javelin (800g)  | 31.34         | Charlie Sutton  | M40 | VETS final             | Battersea   | 11 September 2005 |
| Hammer (7.26Kg) | 23.28         | Tony Palman-Brown   | M40 | Southern Mens League   | Portsmouth  | 14 July 2007      |
| Hammer (6Kg)    | 29.17         | Malcolm Taylor  | M50 | county champs          | Abingdon    | 14 May 2005       |
| Hammer (5Kg)    | 31.70         | Malcolm Taylor  | M60 | British masters champs | Birmingham  | 09 July 2006      |
| Hammer (4Kg)    | 21.33         | Barrie Strange  | M70 | Vets League - West Div | Tilsley     | 08 May 2006       |