



OXFORD CITY ATHLETIC CLUB

Southern Women's League -- Division 1 Mountbatten Centre, Portsmouth -- 26 April 2008

In the first match of the season, after promotion last season to Division 1, Oxford City ladies returned victorious from Portsmouth with a narrow 3 point win. The under 15 girls more than played their part in this win, with 17 first position wins out of a possible 21 events. All of the girls managed Personal bests in one event or another during the afternoon, totalling 9 pb's between them. Congratulations to Amy Cooper, Emily Carstairs, Ellie Clarke-Jacques, Lauren Hawtin, Imogen Kempton, Rebecca Byren, Jess Anstice and Hannah Sangan on an outstanding afternoon.

The under17 and senior ladies battled against some tough opposition all afternoon, but could live up to their younger teammate's performances, with many filling in on events due to absences with injury or other commitments.

Top performer in the seniors was Danielle Anderson taking first place in the javelin with a throw of 41.01m to get a pb and break a 28 year old club record. Melissa Hawtin, competing for the first time as an under 17 took a comfortable first place in the 3000m to finish in 10;16.00 just 9 secs outside the club record. Hayley Chaundy winning the B string in 12;31.7

In the 300m hurdles Kirsty Warland started the afternoon with a win and pb of 48.3s This was followed in the 80m hurdles winning the A string in 11.9s with Rebecca Hussey taking the B string in 14.0s Emma Sutton and Tracy Cooper had A and B wins in the shot with 9.06m and 7.12 respectively. Emma followed this with a pb in the hammer 36.71m to win the A string.

Special mention goes to Hannah Sangan and Lucy Brinicombe, who both leading in their hurdles races fell but got up to to finish and take 2nd place. Also to Jo Byren who, after some arm twisting, agreed to fill the B string for the 1500m. without these performances valuable points would have been lost

Well done to all athletes who competed in this first match. The Ladies next outing is at the end of May to Plymouth

Match Result	Position	Points
Oxford City	1	156
Havant	2	153
Hastings	3	127
Loughton	4	118

Under 15	A String				B String			
Event	Name	Pos	Perf		Name	Pos	Perf	
100m	Emily Carstairs	1	13.50		Amy Cooper	1	13.80	
200m	Emily Carstairs	1	28.70		Ellie Clarke-Jacques	1	29.60	pb
800m	Ellie Clarke-Jacques	1	2;28.2		Imogen Kempton	1	2;34.7	pb
1500m	Lauren Hawtin	1	5;17.2		Rebecca Byren	1	5;39.7	
75mH 76.2cm	Amy Cooper	1	15.30	pb	Hannah Sangan	2	18.90	pb
High Jump	Emily Carstairs	2	1.40	pb	Imogen Kempton	1	1.10	pb
Long Jump	Lauren Hawtin	4	3.00		Jess Anstice	3	2.60	
Shot 3.25Kg	Amy Cooper	1	6.56		Hannah Sangan	1	5.42	
Discus 1.0Kg	Jess Anstice	1	17.76	pb	Hannah Sangan	1	12.83	pb
Javelin 600g	Jess Anstice	1	9.73		Rebecca Byren	1	7.59	pb
4 x 100m	,Rebecca Byren, Emily Carstairs, Amy Cooper, Lauren Hawtin					1	59.10	

U17, Sen Vet	A String				B String			
Event	Name	Pos	Perf		Name	Pos	Perf	
100m	Amelia Swan	4	14.00		Polly Owens	4	15.50	
200m	Rebecca Hussey	3	26.30		Danielle Anderson	2	28.00	
400m	Rebecca Bolton	2	63.20		Nionah Ntaranga	3	71.20	pb
800m	Polly Owens	4	3;00.7	pb	Polly Owens	4	3;55.4	
1500m	Lucy Brinicombe	4	6;17.4	pb	Jo Byren	4	6;51.2	pb
3000m	Melissa Hawtin	1	10;16.0		Hayley Chaundy	1	12;31.7	
80mH 76.2cm	Kirsty Warland	1	11.90		Rebecca Hussey	1	14.00	
100mH 84cm	Jo Dawson	4	23.60	pb	Polly Owens	2	22.10	
300mH 76.2cm	Kirsty Warland	1	48.30	pb				
400mH 76.2cm	Polly Owens	4	79.30		Lucy Brinicombe	2	85.80	pb
Pole Vault								
High Jump	Rebecca Hussey	4	1.30		Jo Dawson	4	1.20	pb
Long Jump	Hayley Chaundy	4	3.63		Rebecca Bolton	3	3.58	
Triple Jump	Hayley Chaundy	2	8.16		Polly Owens	1	7.83	pb
Shot 4.0Kg	Emma Sutton	1	9.06		Tracy Cooper	1	7.12	
Discus 1.0Kg	Nionah Ntaranga	3	20.09		Melissa Hawtin	4	12.71	pb
Javelin 600g	Danielle Anderson	1	41.01	pb/cr	Nionah Ntaranga	3	16.60	
Hammer 4.0Kg	Emma Sutton	1	36.71	pb	Jo Dawson	4	15.98	pb
4 x 100m	,Kirsty Warland, Amelia Swan, Danielle Anderson, Rebecca Hussey					2	52.30	
4 x 400m	,Hayley Chaundy, Rebecca Bolton, Lucy Brinicombe, Melissa Hawtin					3	4;29.3	

pb = personal best cr = club record