

Team	Score	
1 Radley AC	170	L
2 Basildon AC	151	A
3 Oxford City	131	O
4 South London Harriers	91	N

Senior A 100m

Wind= +3.0

1 Tara Kafke	SW	Radley AC	12.16
2 REBECCA HUSSEY	U20	Oxford City	12.45
3 HEIDI NICHOLAS	SW	Basildon AC	12.72
4 Donelle Yapp	U17	South London Harriers	14.63

Senior B 100m

Wind= +3.0

1 KAYLEE DODD	U17	Basildon AC	12.78
2 EMILY MOORE	U20	Oxford City	12.90
3 Emily Dobson	U20	Radley AC	13.13
4 Imelda Bell	U17	South London Harriers	15.35

Senior A 200m

Wind= +3.0

1 REBECCA HUSSEY	U20	Oxford City	25.74
2 Jemma Gregory	U20	Radley AC	26.11
3 HEIDI NICHOLAS	SW	Basildon AC	26.43
4 Donelle Yapp	U17	South London Harriers	29.89

Senior B 200m

Wind= +3.0

1 JESS QUICK	SW	Basildon AC	26.66
2 Amy Greenway	U17	Radley AC	26.91
3 SARAH DAVIES	V35	Oxford City	29.73
4 Imelda Bell	U17	South London Harriers	31.95

Senior A 400m

1 Tara Kafke	SW	Radley AC	58.25
2 KAYLEA DODD	U17	Basildon AC	58.68
3 REBECCA HUSSEY	U20	Oxford City	1:00.21
4 Harriet Field	U20	South London Harriers	1:04.69

Senior B 400m

1 GEMMA KELSEY	SW	Basildon AC	1:00.71
2 Ruth Myborgh	U17	South London Harriers	1:05.32
3 ZOE WEBBER	U17	Oxford City	1:07.94
4 Lucy Hooper	U17	Radley AC	1:08.85

Senior A 800m

1 KAREN GOODE	SW	Basildon AC	2:19.93
2 Gemma Bridge	U20	Radley AC	2:39.10
3 EMILY CARSTAIRS	U20	Oxford City	3:01.91
4			

Senior B 800m

1 CHARMAINE WHEELER	SW	Basildon AC	2:32.28
2 FLORA LOAKE	U17	Oxford City	2:35.02
3 Charlotte Harris	SW	Radley AC	2:40.75
4			

Senior A 1500m

1 GEMMA KERSEY	SW	Basildon AC	4:41.15
2 LAUREN HAWTIN	U17	Oxford City	5:00.86
3 Helen Wilson	U20	South London Harriers	5:03.39
4 Charlotte Harris	SW	Radley AC	5:27.95

Senior B 1500m

1 NICOLA BREDIN	SW	Basildon AC	4:56.89
2 Steph McCall	SW	South London Harriers	5:17.15
3 HATTIE PAPWORTH	U17	Oxford City	5:48.90
4 Naomi Handley	SW	Radley AC	5:54.67

Senior A 3000m

1 Lauren Tolmie	SW	Radley AC	11:00.53
2 SARAH DAVIES	V35	Oxford City	11:01.77
3 DOMINIQUE BALLARD	SW	Basildon AC	11:09.12

4	Sophie Forman	U17	South London Harriers	11:55.82
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Senior B 3000m

1	ELEANOR JOHNSON	U17	Basildon AC	11:34.75
2	Caroline Walker	SW	South London Harriers	12:41.76
3	Naomi Handley	SW	Radley AC	12:53.05
4	DIANNE SHARPE	V45	Oxford City	13:38.71

Senior A 100mH Wind= +3.0

1	HEIDI NICHOLAS	SW	Basildon AC	16.33
2	Stacey Hazel	U20	Radley AC	16.92
3	EMILY CARSTAIRS	U20	Oxford City	27.15
4				

Senior B 100mH Wind= +3.0

1	LOUISE DOUGLASS	SW	Basildon AC	17.01
2	Paula Owen	SW	Radley AC	17.94
3	AMY COOPER	U20	Oxford City	20.16
4				

Senior A 400mH

1	LOUISE DOUGLASS	SW	Basildon AC	68.6
2	Paula Owen	SW	Radley AC	70.5
3	EMILY CARSTAIRS	U20	Oxford City	77.0
4				

Senior B 400mH

1	JO MURPHY	SW	Basildon AC	75.1
2	AMY COOPER	U20	Oxford City	77.5
3	Lauren Tolmie	SW	Radley AC	80.8
4				

Senior A High Jump

1	Hayley Perrin	U17	Radley AC	1.60
2	HEIDI NICHOLAS	SW	Basildon AC	1.50
3	SARAH AKPONASA	U17	Oxford City	1.35
4				

Senior B High Jump

1	Amy Greenway	U17	Radley AC	1.50
2	SADE BAILEY	SW	Basildon AC	1.50
3				
4				

Senior A Pole Vault

1	MAIKE CHAPEL	U17	Oxford City	2.10
2	Sophie Henderson	U20	Radley AC	1.80
3				
4				

Senior B Pole Vault

1	TILLY VAUGHAN-FOWLER	U17	Oxford City	2.00
2	Jackie Breslin	V40	Radley AC	1.70
3				
4				

Senior A Long Jump

1	Hayley Perrin	U17	Radley AC	5.32	Wind +3.0
2	EMILY MOORE	U20	Oxford City	5.11	+3.0
3	HEIDI NICHOLAS	SW	Basildon AC	5.00	+3.0
4	Donelle Yapp	U17	South London Harriers	3.46	+3.0

Senior B Long Jump

1	ALYSHA MITCHELL	U17	Basildon AC	4.83	Wind +3.0
2	Michelle Hazell	V45	Radley AC	4.61	+3.0
3	SARAH AKPONASA	U17	Oxford City	3.59	+3.0
4	Imelda Bell	U17	South London Harriers	3.22	+3.0

Senior A Triple Jump

1	Lucy Hooper	U17	Radley AC	10.07	Wind +3.0
2	ALYSHA MITCHELL	U17	Basildon AC	9.78	+3.0
3	Channone Graham	U17	South London Harriers	8.34	+3.0
4					

Senior B Triple Jump

Wind

1	Emily Dobson	U20	Radley AC	9.68	+3.0
2	Harriet Field	U20	South London Harriers	8.81	+3.0
3	ELEANOR JOHNSON	U17	Basildon AC	8.69	+3.0
4					

Senior A Shot Putt

1	Emma O'Hara	U17	Radley AC	9.81
2	AMY SMITH	U17	Basildon AC	8.91
3	Channone Graham	U17	South London Harriers	6.74
4	AMY COOPER	U20	Oxford City	6.49

Senior B Shot Putt

1	VESPA ELLIS	SW	Basildon AC	8.82
2	Hayley Perrin	U17	Radley AC	6.65
3	JESS ANSTICE	U17	Oxford City	5.99
4	Jill Lula	SW	South London Harriers	5.80

Senior A Discus

1	Emma O'Hara	U17	Radley AC	36.09
2	DANIELLE ANDERSON	U20	Oxford City	23.45
3	KAYLEIGH ARTHURTON	U17	Basildon AC	22.63
4	Channone Graham	U17	South London Harriers	20.51

Senior B Discus

1	Jackie Cherry	V35	Radley AC	27.68
2	JESS ANSTICE	U17	Oxford City	22.99
3	Jill Lula	SW	South London Harriers	17.61
4	AMY SMITH	U17	Basildon AC	16.51

Senior A Hammer

1	Emma O'Hara	U17	Radley AC	44.70
2	Jill Lula	SW	South London Harriers	25.10
3	KAYLEIGH ARTHURTON	U17	Basildon AC	23.15
4	ZOE WEBBER	U17	Oxford City	13.53

Senior B Hammer

1	AMY SMITH	U17	Basildon AC	17.93
2	Natalie Welsh	U17	Radley AC	12.79
3	AMY COOPER	U20	Oxford City	10.31
4	Harriet Field	U20	South London Harriers	9.10

Senior A Javelin

1	Harriet Field	U20	South London Harriers	27.66
2	MAIKE CHAPEL	U17	Oxford City	21.58
3	Jemma Gregory	U20	Radley AC	21.33
4	VESPA ELLIS	SW	Basildon AC	20.10

Senior B Javelin

1	Jill Lula	SW	South London Harriers	13.82
2	Natalie Welsh	U17	Radley AC	11.85
3	JO MURPHY	SW	Basildon AC	8.09
4				

Senior 4x100m

1	Tara Kafke, Paula Owen, Jem	SW	Radley AC	50.83
2	JESS QUICK, KAYLEA DODD	SW	Basildon AC	51.27
3	REBECCA HUSSEY, ADELA H	SW	Oxford City	54.74
4	Donelle Yapp, Imelda Bell, Rut	SW	South London Harriers	58.74

Senior 4x400m

1	GEMMA KERSEY, KAREN G	SW	Basildon AC	4:09.75
2	Harriet Field, Ruth Myborgh, H	SW	South London Harriers	4:29.78
3	ZOE WEBBER, AMY COOPE	SW	Oxford City	4:32.76
4				

U17 Women A 80mH

Wind= +3.0

1	ALYSHA MITCHELL	U17	Basildon AC	13.10
2	MAIKE CHAPEL	U17	Oxford City	13.33
3				
4				

U17 Women B 80mH

Wind= +3.0

1	TILLY VAUGHAN-FOWLER	U17	Oxford City	14.43
2	ZOE GASDON	U17	Basildon AC	16.67

3			
4			

U17 Women A 300mH

1	ZOE WEBBER	U17	Oxford City	56.0
2	ZOE GASDON	U17	Basildon AC	60.2
3				
4				

Under 15 Girls A 100m Wind= +3.0

1	Lois Waknell	U15	Radley AC	12.39
2	Jazz Crawford	U15	South London Harriers	12.51
3	SIMI FAJEMISIN	U15	Oxford City	12.68
4	REBECCA FRASER	U15	Basildon AC	13.44

Under 15 Girls B 100m Wind= +3.0

1	AMY BUSBY	U15	Oxford City	13.38
2	Alex Cross	U15	Radley AC	13.39
3	Syntycke Rodrigues	U15	South London Harriers	13.73
4	MEGAN SANDERS	U15	Basildon AC	14.26

Under 15 Girls A 200m Wind=

1	Lois Waknell	U15	Radley AC	25.62
2	Jazz Crawford	U15	South London Harriers	25.86
3	SIMI FAJEMISIN	U15	Oxford City	26.50
4	ISOBEL IVES	U15	Basildon AC	28.50

Under 15 Girls B 200m Wind=

1	Gina Sunderland	U15	Radley AC	26.53
2	AMY BUSBY	U15	Oxford City	27.76
3	Rhianna Madden-Hansle	U15	South London Harriers	28.19
5	REBECCA FRASER	U15	Basildon AC	29.72

Under 15 Girls A 800m

1	CHARLOTTE STAFFORD	U13	Oxford City	2:35.62
2	Freya Rowe	U13	Radley AC	2:38.69
3	Alex Lindsay-Black	U13	South London Harriers	2:49.47
4	TILLY ATAMAS	U15	Basildon AC	3:01.96

Under 15 Girls B 800m

1	Holly Brisow	U15	Radley AC	2:44.33
2	ALICE HOPKINS	U13	Oxford City	2:51.75
3	Lilli Collins	U13	South London Harriers	2:59.87
4	ELLEN TAYLOR	U15	Basildon AC	3:06.74

Under 15 Girls A 1500m

1	ISOBEL IVES	U15	Basildon AC	4:54.23
2	ELISHA EVANS	U15	Oxford City	5:10.43
3	Amy Billup	U15	South London Harriers	5:37.78
4	Erika Davies	U15	Radley AC	5:39.26

Under 15 Girls B 1500m

1	POPPY ATAMARI	U15	Basildon AC	5:17.44
2	BETH MULVANY	U15	Oxford City	5:40.38
3	Tessa Billup	U15	South London Harriers	5:40.92
4				

Under 15 Girls A 75mH Wind= +3.0

1	Gina Sunderland	U15	Radley AC	11.88
2	LAUREN BAXTER	U15	Basildon AC	12.89
3	ALICE HOPKINS	U13	Oxford City	15.13
4	Syntycke Rodrigues	U15	South London Harriers	15.95

Under 15 Girls B 75mH Wind= +3.0

1	Alex Cross	U15	Radley AC	13.25
2	ELISHA EVANS	U15	Oxford City	16.26
3	POPPY ATAMARI	U15	Basildon AC	16.77
4	Tessa Billup	U15	South London Harriers	17.27

Under 15 Girls A High Jump

1	Alex Cross	U15	Radley AC	1.60
2	LAUREN BAXTER	U15	Basildon AC	1.35
3	Rhianna Madden-Hansle	U15	South London Harriers	1.25
4				

Under 15 Girls B High Jump

1	Holly Clarke	U13	South London Harriers	1.25
2	Freya Rowe	U13	Radley AC	1.15
3	MEGAN SANDERS	U15	Basildon AC	1.10
4				

Under 15 Girls A Long Jump

Wind

1	SIMI FAJEMISIN	U15	Oxford City	5.16	+3.0
2	Lois Waknell	U15	Radley AC	4.94	+3.0
3	Rhianna Madden-Hansle	U15	South London Harriers	4.51	+3.0
4	MEGAN SANDERS	U15	Basildon AC	4.34	+3.0

Under 15 Girls B Long Jump

Wind

1	LAUREN BAXTER	U15	Basildon AC	4.12	+3.0
2	Lohita Allen-Aigbodhon	U13	South London Harriers	4.10	+3.0
3					
4					

Under 15 Girls A Shot Putt

1	Gina Sunderland	U15	Radley AC	8.75
2	CHARLOTTE STRANGE	U15	Oxford City	6.81
3	Diana McClaren	U15	South London Harriers	6.71
4	ELLEN TAYLOR	U15	Basildon AC	6.50

Under 15 Girls B Shot Putt

1	Kathryn Woodcock	U15	Radley AC	8.12
2	LUISA CHANTLER	U13	Oxford City	6.33
3	OLIVIA BULLIS	U15	Basildon AC	6.30
4				

Under 15 Girls A Discus

1	Kathryn Woodcock	U15	Radley AC	30.08
2	LUISA CHANTLER	U13	Oxford City	20.49
3	Justin Norris	U13	South London Harriers	19.63
4	OLIVIA BULLIS	U15	Basildon AC	17.80

Under 15 Girls B Discus

1	Ellen Chung	U15	Radley AC	22.33
2	Diana McClaren	U15	South London Harriers	16.73
3	HANNAH ISHERWOOD	U15	Oxford City	15.94
4	POPPY ATAMARI	U15	Basildon AC	12.18

Under 15 Girls A Javelin

1	Ellen Chung	U15	Radley AC	21.54
2	ELLEN TAYLOR	U15	Basildon AC	19.21
3	Justin Norris	U13	South London Harriers	17.91
4	CHARLOTTE STRANGE	U15	Oxford City	10.56

Under 15 Girls B Javelin

1	Kathryn Woodcock	U15	Radley AC	18.24
2	OLIVIA BULLIS	U15	Basildon AC	13.14
3	Diana McClaren	U15	South London Harriers	12.52
4				

Under 15 Girls 4x100m

1	Lois Waknell, Alex Cross, Gina	U15	Radley AC	53.29
2	Jazz Crawford, Syntycke Rodig	U15	South London Harriers	53.83
3	Amy Busby, Alice Byles, Alice	U15	Oxford City	54.12
4	Basildon AC	U15	Basildon AC	57.14